

RYA ISAF Offshore Certificate (Theory)

Learn the skills and knowledge needed to handle offshore emergencies.

The “**RYA/ISAF Offshore Safety**” course equips both racers and cruisers with the skills and knowledge necessary to both prevent and deal with emergencies offshore. Whilst this course satisfies the training requirements for many offshore races it is equally suited to those who undertake blue water cruises and may be beyond immediate help.

In order to obtain the full ISAF Offshore Safety Certification students will need to complete both this course and the one day “RYA Small Craft Sea Survival” course. Although not required per se we would also strongly recommend attending the one day “RYA Small Craft First Aid” course.

Suited for	The cruising skipper or crew who plans to undertake an offshore or ocean passage for several days or weeks. The offshore racer who needs an ISAF Offshore Safety certificate to comply with ISAF's regulations (OSR Section 6)
Course Prerequisites	No other theoretical knowledge assumed than basic knowledge of English (teaching language for RYA trainings). No practical experience required
Course Materials	We provide the following course materials <ul style="list-style-type: none">• Syllabus Offshore Safety
Course Contents	The following topics are covered during this intensive training : <ul style="list-style-type: none">• Preparing for heavy weather• Care & Maintenance of Safety Equipment• Use of storm Sails, drogues, etc.• Damage Control• Crew Routines during offshore passages• Man Overboard Prevention and Recovery• Giving Assistance to other craft• SAR Organisation and Methods• Distress Alerting and Survivor Location Aids• Practical Fire Precautions and Fire Fighting• Worldwide weather systems
Exam	Certificates of completion are delivered based on a permanent assessment of each student by the Instructor and a multiple choice examination at the end of the day.
Certificate	Once you hold also a valid “ RYA Small Craft Survival ” certificate you will receive an official “ RYA ISAF Offshore Safety ” certificate of completion. That certificate complies with Section 6 of the Offshore Spécial Regulations (training requirements for Category 0, 1 and 2 offshore races)
Duration	RYA ISAF Offshore Safety shorebased training: 8 hours
Participants	Minimum 6 maximum 12 participants per session
Price	179 EUR Inc. VAT (148 EUR Exc. VAT) per person

Contact: info@sailcnce.eu

RYA Small Craft Sea Survival

Use of liferafts and associated safety and distress equipment. Survival techniques both in the liferaft and the water. Search and Rescue operations

Cruising is one of the safest leisure sporting activities, and 99.9% of those afloat will never use their liferaft. However, if you are part of the unlucky 0.1% your chances of survival will be greatly increased if you understand how to use the equipment and how to help yourself.

It is a well-proven fact that, in the event of an emergency at sea, people who have received training are more likely to survive. An important part of this “**RYA Small Craft Sea Survival**” course is a practical session in a swimming pool. Experience first hand the problems of entering an uncooperative liferaft and assisting others while fully kitted out in wet weather gear and a lifejacket.

Suited for	Any skipper, cruiser or racer who cares about the safety of his/her crew, family and friends at sea. Obtaining this RYA Sea Survival certificate is also a prerequisite for: <ul style="list-style-type: none">• People seeking commercial endorsement of their Yachtmaster CoC• Offshore racers who need an ISAF Offshore Safety certificate to comply with ISAF's regulations (OSR Section 6)
Course Prerequisites	No other theoretical knowledge assumed than basic knowledge of English (teaching language for RYA trainings). No practical experience required
Course Materials	We provide the following course materials <ul style="list-style-type: none">• RYA Basic Sea Survival Handbook For the practical exercises (in heated swimming pool) <ul style="list-style-type: none">• We provide liferafts• We provide lifejackets (feel free to bring your own)• We suggest that you bring your usual sailing gear (boots, pants, jacket, intermediate polar layer) so that you can practice in conditions as close as possible to reality.
Course Contents	The following topics are covered during this intensive training : <ul style="list-style-type: none">• Survival difficulties & requirements• Sea survival equipment onboard• Actions prior to abandoning a vessel• Lifejacket design and construction, purpose, rearming and use• Safety harnesses – purpose and use• Launching, using and handling a liferaft• Methods to increase chances of survival• Survival routines to aid location• Correct use of pyrotechnics and other location aids• Water rationing / dehydration / food rationing / sources of food• Raft management• Search and rescue by helicopter or vessel
Exam	There is no formal examination at the end of this training. Certificates of completion are delivered based on a permanent assessment of each student by the Instructor.
Certificate	After a positive evaluation you receive an official “ RYA Small Craft Sea Survival ” certificate of completion. This certificate has a limited validity period of 5 years.
Duration	RYA Small Craft First Aid shorebased training : 4 hours Practical exercises in heated swimming pool: 3 hours
Participants	Minimum 6 maximum 12 participants per session
Price	419 EUR Inc. VAT (346 EUR Exc. VAT) per person

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